



How to Access Your Carrier ID Card

PRO TIP: When accessing your ID card from a mobile device, take a screenshot and save for future reference.

UnitedHealthcare (UHC)

To view/print your digital ID card, follow these steps:

Computer:

- Visit <https://www.myuhc.com>
- Click "Sign In" to enter your username and password
- Click "View ID Card"
- View your ID card to print

Don't have a username and password yet?

- Click "Register"
- Enter your name, birth date, and Social Security Number to create an account

Mobile device:

- Download the UnitedHealthcare app
- Sign in with your username and password
- Click "View Medical ID" to view your member ID card
- Use the mobile app to show your member ID card
 - You can also add the Medical ID to your Apple/Google Wallet
 - Quickly save your new UHC Medical ID card in the MyVEBA app for easy, on-the-go use!

Questions or trouble accessing your account? Call UnitedHealthcare Customer Service: **888-586-636**



Kaiser Permanente

To view/print your member information, follow these steps:

Computer:

- Visit <https://kp.org>
- Click "Sign In" to enter your username and password
- Click "Member Information"
- On the "Benefits pop-up window," click "View Plan and ID"
- You can then print your member information

Don't have a username and password yet?

- Click "Register"
- Click "Create my account"
- Enter your name and birth date

Mobile device:

- Download the Kaiser Permanente app
- Click "Sign In" to enter your username and password
- From your dashboard, click the card icon (top right screen) to view your Member ID
- Use the mobile app to show your Member ID at your pharmacy or doctor's office
 - You can also add the Member ID to your Apple/Google Wallet
 - Quickly save your new Kaiser Member ID card in the MyVEBA app for easy, on-the-go use!

IMPORTANT NOTE: Your Medical Record Number (MRN) – which identifies your medical records and membership information – is listed on your Kaiser member ID. If you do not have your MRN yet, you may not be able to create a new online account. If you need to access care before you receive your ID card, you must provide the group number and effective date of coverage at your appointment.

Questions or trouble accessing your account? Call Kaiser Permanente Member Services: **800-464-4000**

UMR – PPO Plans

To view/print your digital ID card, follow these steps:

Computer:

- Visit <https://www.umar.com>
- Click "Log in/Register"
- Select "Member" from the drop-down menu
- Click "Log in/Register with HealthSafe ID"
- Click "Sign in" to enter your HealthSafe ID username and password
- From the myMenu dashboard, click "ID Card"
- View/print a temporary ID card

Don't have a HealthSafe ID username and password yet?

- Click "Register now"
- Enter your name, birth date, and Social Security Number to create an account

Mobile device:

- Download the UMR|Health app
- Click "Sign In" to enter your HealthSafe ID username and password
- View your ID Card to print/screenshot your temporary ID card

Questions or trouble accessing your account? Call UMR's HealthSafe ID Member Services: **800-826-9781**



Express Scripts

To view/print your digital ID card, follow these steps:

Computer:

- Visit <https://www.express-scripts.com>
- Click "Log In" to enter your username and password
- From the main menu, click "Account"
- Click "Member ID Card"
- Click "Download Card" to view/print your temporary Member ID card

Mobile device:

- Download the Express Scripts app
- Click the menu icon (top left screen)
- Go to "My Account"
- Select "Prescription ID Card"
- Use the mobile app to show your Member ID at your pharmacy or doctor's office
 - You can also add the Member ID to your Apple/Google Wallet
 - Quickly save your new Express Scripts Member ID card in the MyVEBA app for easy, on-the-go use!

Questions or trouble accessing your account? Call Express Scripts Technical/Website Support: **800-711-5672**

Cigna

To view/print your digital ID card, follow these steps:

Computer:

- Visit <https://my.cigna.com>
- Under Customer Login, enter your username and password to access your ID card

Don't have a username and password yet?

- Click "Register"
- Click "Start Registration"
- Enter your name, birth date, and zip code to create an account

Mobile device:

- Download the myCigna app
- Click "Log In" to enter your username and password to access your ID card
- Use the mobile app to show your member ID at your pharmacy or doctor's office
 - You can also add the member ID to your Apple/Google Wallet
 - Quickly save your new Cigna member ID card in the MyVEBA app for easy, on-the-go use!

Questions or trouble accessing your account? Call Cigna Customer Service: **800-244-6224**

SIMNSA

Questions or need help with your account? Call Member Services: **800-424-4652**

Delta Dental

To view/print your digital ID card, follow these steps:

Computer:

- Visit <https://deltadentalins.com>
- Click “Log In” to enter your username and password
- Click on “Print ID Card”

Don't have a username and password yet?

- Click “Log In” at the top of the page
- Click “Create an Account” button
- Identify your user type by selecting “Enrollee/Adult Dependent” from the drop-down list
- Enter your personal information
- Create your username and password and enter your email address

Mobile device:

- Download the Delta Dental app (by the Delta Dental Plans Association)
- Or scan the QR code to the right with your device camera and go directly to app store
- Click “Sign in” if you have registered or click “Register” to join
- Log in to your account and see your ID card on the home screen
 - You can also add the member ID to your Apple/Google Wallet
 - Quickly save your new Delta Dental member ID card in the MyVEBA app for easy, on-the-go use!



Questions or trouble accessing your account? Call Delta Dental: **800-422-4234** for HMO dental plans or **866-499-3001** for PPO dental plans

VSP Vision Care

IMPORTANT NOTE: You do not need a VSP Member ID Card or policy information to receive care, only your Social Security Number (SSN). Notify your VSP network provider that you have VSP and provide your SSN. Your provider will use your SSN to look up your benefits.

To view/print your digital ID card, follow these steps:

Computer:

- Visit <https://www.vsp.com>
- Click “Log In” to enter your username and password
- Click on “View Member ID Card” from your dashboard

Don't have a username and password yet?

- Click “Create an Account”
- Enter the last 4 digits of your SSN, name, birth date, and email address
- Create your username and password
- Click the “Create an Account” button

Mobile device:

- Download the VSP Vision Care app and sign in
- From the dashboard click “Member ID Card”
- Use the mobile app to show your member ID to your eye care provider
 - You can also add the Member ID to your Apple/Google Wallet
 - Quickly save your new VSP Vision Care Member ID card in the MyVEBA app for easy, on-the-go use!

Questions or trouble accessing your account? Call VSP Customer Service: **800-877-7195**



EyeMed

To view/print your digital ID card, follow these steps:

Computer:

- Visit <https://eyemed.com>
- Click "Login" and then click "Member" to enter your email address and password
- Go to "Account" dropdown and click "Print My ID Card"

Don't have a username and password yet?

- Click "Log In" and then click "Member"
- Select "Need to register?"
- Enter name, birth date, and your Member ID; OR enter the last 4 digits of your Social Security Number, zip code, and User ID/valid email address
- Click "Create an Account"

Mobile device:

- Download the EyeMed app and sign in
- Click on My ID Card button
- Use the mobile app to show your member ID to your eye care provider
 - You can also add the member ID to your Apple/Google Wallet
 - Quickly save your new EyeMed member ID card in the MyVEBA app for easy, on-the-go use!

Questions or trouble accessing your account? Call EyeMed Customer Service: **866-939-3633**

VEBA Advocacy

Need help managing your care? Navigating the health care system can be confusing and complicated, but VEBA is here to help. The VEBA Advocacy team can help VEBA members resolve various issues like:

- Scheduling appointments
- Bill payment
- Quality of care
- And more!

Contact the VEBA Advocacy team Monday-Friday, 8 am – 5 pm: **888-276-0250** or

<https://www.vebaonline.com/contact/>

**Inquiries typically receive a response within 24 hours (excluding weekends/holidays)*