



Healthcare Flexible Spending Accounts

There are some health expenses you can expect to have every year, like copays at your regular doctor or the need for over-the-counter drugs and medicines.

With a Healthcare Flexible Spending Accounts (Healthcare FSAs or HCFsAs) you're able to take money from your paycheck, pre-tax, to help pay for those expenses. You determine how much you want to set aside based on what you know you'll need. The money is placed into your account to pay for eligible medical expenses incurred during the plan year.

To re-enroll in your Flexible Spending Account if you haven't already done so, please go to the link below to schedule a virtual appointment:

<https://enroll.americanfidelity.com/6DCD82DC>

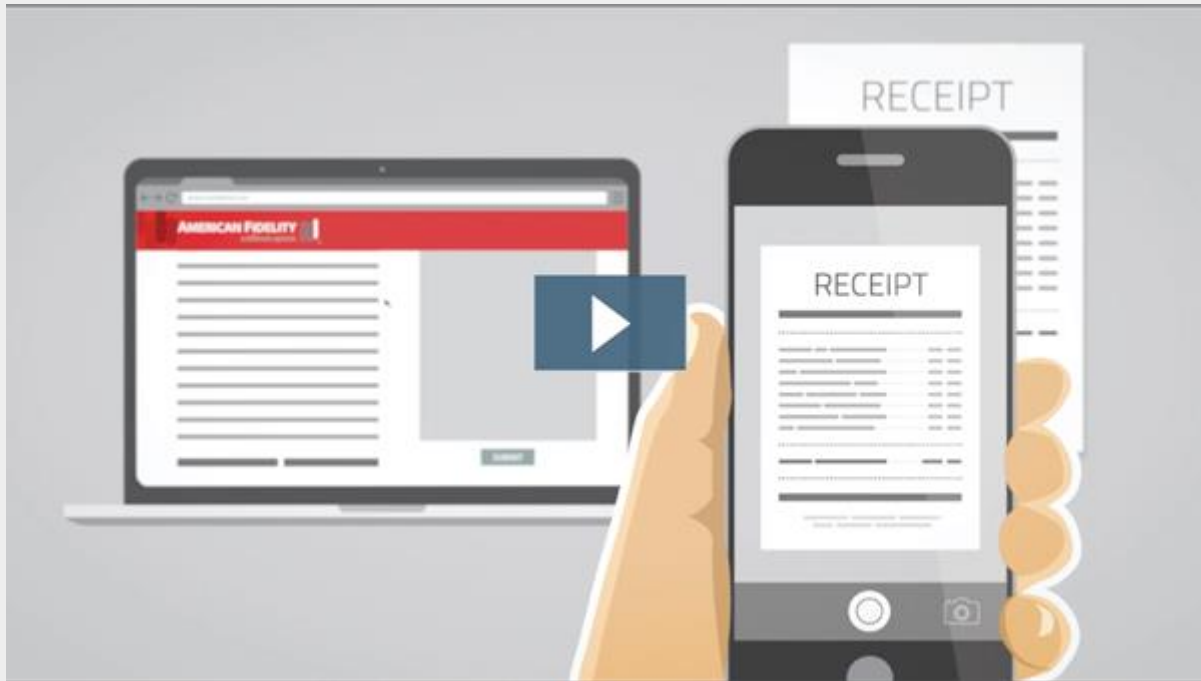


Eligible expenses include:

- Medical bills
- Physical therapy
- Contacts and/or glasses
- Flu shots
- Eye and dental exams
- [and much more](#)

You can either submit your purchases for reimbursement or use the American Fidelity Benefits Debit Card you'll receive if elected by your employer. Purchases made with the debit card require substantiation. Learn more about this process in our blog post, [Understanding FSA Benefits Debit Card Substantiation](#).

Watch This Video to Learn More About HCFSAs:



For more information on how an HCFSAs can help you, visit americanfidelity.com/info/fsa or contact your American Fidelity account representative.



American Fidelity Assurance Company

americanfidelity.com | [Contact Us](#)

ESB-3195-0620