



About Scripps Health

Scripps Health Overview

The Scripps network consists of thousands of physicians in family medicine, internal medicine and pediatrics, and specialists in almost every area of medicine, including primary care, obstetrics, cardiovascular, orthopedics, neurology, oncology and more.





Scripps Medical Foundation

Scripps Clinic and Scripps Coastal Medical Center share a common goal: to provide the best possible health care for every patient. Partnering with patients, physicians and staff provide individualized care customized to age, gender and risk factors.

Scripps Clinic

Scripps Clinic is nationally recognized for specialty care and also provides comprehensive and convenient primary care services. Scripps Clinic offers:

- Locations throughout San Diego County
- Hundreds of doctors
- Comprehensive medical services at sites with multiple specialty care services, outpatient surgery, laboratory and imaging, as well as primary care
- Extended hours for primary care, including mornings, evenings and weekends
- MyScripps — a secure, convenient way for patients to manage their health care online
- Hundreds of clinical trials each year. Scripps clinicians are often among the first in the country to evaluate experimental treatments and procedures.
- Health education resources, including weight, prenatal and breastfeeding management programs; nutrition and fitness classes; and programs for chronic conditions, such as diabetes.

Scripps Coastal Medical Center

Scripps Coastal Medical Center physicians specialize in family medicine, internal medicine, obstetrics and gynecology, general surgery, pediatrics, physical rehabilitation and geriatrics. Scripps Coastal Medical Center primary care physicians provide annual physicals, preventive health screenings, wellness information, lab tests, urgent care and radiology services. When specialty care is needed, patients have access to an extensive network of medical experts throughout the region. Scripps Coastal Medical Center offers:

- Locations from Oceanside to Eastlake
- Hundreds of doctors
- Extended hours for primary care, including mornings, evenings and weekends
- Same-day or next-day primary care appointments at most locations
- MyScripps — a secure, convenient way for patients to manage their health care online.

Affiliated Medical Groups

In addition to Scripps Clinic and Scripps Coastal Medical Center, Scripps Health partners with affiliated medical groups throughout San Diego County — creating one of San Diego’s most highly regarded health care networks.

Scripps Physicians Medical Group (SPMG)

includes more than 600 primary care and specialty physicians with offices conveniently located throughout San Diego County in an independent physician practice association (IPA) network. Visit scpmcs.org to learn more.

Mercy Physicians Medical Group (MPMG) is an award-winning medical group with more than 800 physicians. MPMG has provided medical expertise to the San Diego community for more than 35 years, earning many high honors, including “Elite” status from the California Association of Physician Groups. Visit mpmgdocs.com to learn more.





Scripps Express Care, Urgent Care and Emergency Room

Scripps offers several options for care when the doctor's office is closed or a medical situation is severe.

HealthExpress

Scripps *HealthExpress* clinics offer same-day, walk-in care for minor illnesses and injuries throughout San Diego County every day of the year. No appointment is necessary, and early morning, evening and weekend hours are available. Patients can walk in, call ahead to speak to a triage nurse at **858-554-7439** or go to **scrippshealthexpress.org** to reserve a place in line and see wait times.

Urgent Care

Scripps has many urgent care centers that treat both adults and children in San Diego County. Please consult with your primary care doctor about urgent care centers affiliated with your medical group. Urgent care is a good option when there is a medical problem that should be seen by a doctor within 24 hours, but is not life- or limb-threatening.

Hospitals

Scripps has four nationally recognized hospitals on five campuses in San Diego County that provide a wide range of medical, surgical and support services, including emergency services open 24 hours a day, seven days a week. Scripps Mercy Hospital, San Diego and Scripps Memorial Hospital La Jolla are trauma centers that take care of the most severe injuries, often from accidents.

Telemedicine Options

Scripps offers easy virtual care options so you can get the care you need at your convenience. Our virtual options include Symptom Checker, E-Visits and Video Visits. Scripps primary care physicians and specialists are available online through the MyScripps patient portal. Learn more at scripps.org/virtual-care.